

School Menu



Date	<u>Monday</u> 10/19/2026	<u>Tuesday</u> 10/20/2026	<u>Wednesday</u> 10/21/2026	<u>Thursday</u> 10/22/2026	<u>Friday</u> 10/23/2026
AM Snack	French Toast Sticks w/ Syrup 2% Unflavored Low-Fat Milk (Whole Milk)	Low-Fat Yogurt w/ Pumpkin Spice Granola 2% Unflavored Low-Fat Milk (Whole Milk)	English Muffin w/ Grape Jelly 2% Unflavored Low-Fat Milk (Whole Milk)	Whole Grain Waffle w/ Syrup 2% Unflavored Low-Fat Milk (Whole Milk)	Raisin Bran Cereal 2% Unflavored Low-Fat Milk (Whole Milk)
Lunch <i>Vegetarian Option</i>	Sunflower Butter & Jelly Sandwich Sunflower Butter & Jelly on Whole-Wheat Bread Baby Carrots w/Ranch (Steamed Carrots) Fresh Banana 2% Unflavored Low-Fat Milk (Whole Milk)	Chicken & Yellow Rice <i>Chick'N</i> Diced Chicken w/ Yellow Rice Green Beans Applesauce 2% Unflavored Low-Fat Milk (Whole Milk)	Butternut Squash Ravioli Whole-Wheat Butternut Squash Cheese Filled Ravioli topped w/ Butter Sauce Peas & Carrots Pineapple Tidbits 2% Unflavored Low-Fat Milk (Whole Milk)	Turkey & Cheese Sliders <i>Grilled Cheese Sliders</i> Turkey & Cheese Slices on a Slider Bun Sliced Cucumbers w/Ranch Fresh Banana 2% Unflavored Low-Fat Milk (Whole Milk)	Mozzarella Sticks Baked Breaded Mozzarella Stick w/ Marinara Sauce Whole Kernal Corn Fresh Sliced Oranges (Mandarin Oranges) 2 % Unflavored Low- Fat Milk (Whole Milk)
PM Snack	Chex Mix w/ Dried Fruit (Ritz Crackers) Filtered Water	Pumpkin Spice Apple Sauce & Graham Crackers Filtered Water	Real Fruit Nutri Grain Bar Filtered Water	Ritz Crackers & Sliced Cheese Filtered Water	Pumpkin Delight Cookie Filtered Water
Funny Food Pun From Chef Trina: What's a gremlin's favorite cheese? Monster-ella.					

Children under the age of 2 are served unflavored whole milk and 2+ year olds are served unflavored 2% milk

Items listed in parentheses & italics indicate suggested age appropriate substitutions for children under 2

Water is available to children during the day & at all meals & snacks.

Menu is subject to change.