

School Menu



Date	<u>Monday</u> 9/21/2026	<u>Tuesday</u> 9/22/2026	<u>Wednesday</u> 9/23/2026	<u>Thursday</u> 9/24/2026	<u>Friday</u> 9/25/2026
AM Snack	Waffle w/ Syrup 2% Unflavored Low-Fat Milk (Whole Milk)	Low-fat Vanilla Yogurt w/ Granola 2% Unflavored Low-Fat Milk (Whole Milk)	French Croissant w/ Blueberry Compote 2% Unflavored Low-Fat Milk (Whole Milk)	Boiled Egg w/ Whole Wheat Toast 2% Unflavored Low-Fat Milk (Whole Milk)	Raisin Bran Cereal 2% Unflavored Low-Fat Milk (Whole Milk)
Lunch <i>Vegetarian Option</i>	Cheese Tortellini Whole-Wheat Cheese Filled Tortellini topped w/Marinara Sauce Steamed Peas Fresh Sliced Oranges (Mandarin Oranges) 2% Unflavored Low-Fat Milk (Whole Milk)	BBQ Chicken Sliders <i>Chick'N Slider</i> Diced Chicken in Barbecue Sauce on a Whole Wheat Bun Whole Kernel Corn Fresh Banana 2% Unflavored Low-Fat Milk (Whole Milk)	Falafel Balls Baked Fritters made from ground Chickpeas Sliced Cucumbers w/ Tzatziki Sauce Naan Dippers 2% Unflavored Low-Fat Milk (Whole Milk)	Chicken Taco <i>Cheese Quesadilla</i> Ground Chicken in Taco Seasoning on a Whole-Wheat Tortilla Pinto Beans Tropical Fruit 2% Unflavored Low-Fat Milk (Whole Milk)	Cheese Pizza Cheese Pizza w/ Marinara Sauce Tossed Garden Salad w/ Ranch (Steamed Peas) Pineapple Tidbits 2 % Unflavored Low- Fat Milk (Whole Milk)
PM Snack	Real Fruit Nutri grain Bars Filtered Water	Fresh Raspberries w/ Graham Crackers Filtered Water	Trail Mix Filtered Water	Sliced Cheese / Ritz Crackers Filtered Water	Goldfish Filtered Water
Fun Fact From Chef Trina: Some Speculate that Falafel was first consumed in Egypt around 1000 BC!					

Children under the age of 2 are served unflavored whole milk and 2+ year olds are served unflavored 2% milk

Items listed in parentheses & italics indicate suggested age appropriate substitutions for children under 2

Water is available to children during the day & at all meals & snacks.

Menu is subject to change.