

School Menu



Date	<u>Monday</u> 7/13/2026	<u>Tuesday</u> 7/14/2026	<u>Wednesday</u> 7/15/2026	<u>Thursday</u> 7/16/2026	<u>Friday</u> 7/17/2026
AM Snack	Whole Wheat Cheese Toast 2% Unflavored Low-Fat Milk (Whole Milk)	Plain Bagel w/ Cream Cheese 2% Unflavored Low-Fat Milk (Whole Milk)	Whole Grain Cheerios 2% Unflavored Low-Fat Milk (Whole Milk)	Breakfast Surprise 2% Unflavored Low-Fat Milk (Whole Milk)	Seasoned Potatoes w/ Cheese 2% Unflavored Low-Fat Milk (Whole Milk)
Lunch <i>Vegetarian Option</i>	Bean & Cheese Quesadilla Black Beans and Cheddar Cheese on a Whole Wheat Tortilla Baked Plantains Tropical Fruit 2% Unflavored Low-Fat Milk (Whole Milk)	Teriyaki Chicken <i>Chick'N</i> Diced Chicken in Teriyaki Sauce Steamed Jasmine Rice Asian Vegetable Medley 2% Unflavored Low-Fat Milk (Whole Milk)	Apple Butter & Cream Cheese Sandwich Apple Butter & Cream Cheese Sandwich Harvest Snap Peas Fresh Banana 2% Unflavored Low-Fat Milk (Whole Milk)	Chicken Pasta Salad <i>Chick'N</i> Diced Chicken in mayonnaise with chopped celery and onion w/ Fusilli Noodles Garlic Bread Stick Fresh Sliced Oranges (Mandarin Oranges) 2% Unflavored Low-Fat Milk (Whole Milk)	Chickpea Curry Chickpeas in a Yellow Curry Sauce Steamed Jasmine Rice Steamed Broccoli 2% Unflavored Low-Fat Milk (Whole Milk)
PM Snack	Soft Chewy Granola Bar Filtered Water	Sliced Oranges w/ Pretzels Filtered Water	Chex Mix Filtered Water	Graham Crackers & Fresh Banana Filtered Water	Fresh Baked Chocolate Chip Cookie Filtered Water
Funny Food Pun From Chef Trina: What do you call a fake noodle in a salad? An impasta!					

Children under the age of 2 are served unflavored whole milk and 2+ year olds are served unflavored 2% milk

Items listed in parentheses & italics indicate suggested age appropriate substitutions for children under 2

Water is available to children during the day & at all meals & snacks.

Menu is subject to change.