

# School Menu



| Date                                                                             | <u>Monday</u><br>8/3/2026                                                                                                                                                                   | <u>Tuesday</u><br>8/4/2026                                                                                                                                                                                     | <u>Wednesday</u><br>8/5/2026                                                                                                                                                                                                                      | <u>Thursday</u><br>8/6/2026                                                                                                                                                                     | <u>Friday</u><br>8/7/2026                                                                                                                           |
|----------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>AM Snack</b>                                                                  | Low-Fat Yogurt w/ Blueberries<br><br>2% Unflavored Low-Fat Milk<br>(Whole Milk)                                                                                                             | Turkey Bacon w/ Toast<br><br>2% Unflavored Low-Fat Milk<br>(Whole Milk)                                                                                                                                        | Buttermilk Pancake W/ Syrup<br><br>2% Unflavored Low-Fat Milk<br>(Whole Milk)                                                                                                                                                                     | Old Fashioned Oats<br><br>2% Unflavored Low-Fat Milk<br>(Whole Milk)                                                                                                                            | Whole Grain Raisin Bran<br><br>2% Unflavored Low-Fat Milk<br>(Whole Milk)                                                                           |
| <b>Lunch</b><br><br><i>Vegetarian Option</i>                                     | <b>Grilled Cheese</b><br><br>Sliced Cheese on Whole Wheat Bread & Grilled<br><br>Chicken Noodle Soup<br>(Tomato Soup)<br><br>Fresh Banana<br><br>2% Unflavored Low-Fat Milk<br>(Whole Milk) | <b>Turkey Taco</b><br><br><i>Cheese Quesadilla</i><br><br>Ground Turkey in Taco Seasoning on a Whole-Wheat Tortilla<br><br>Black Beans<br><br>Tropical Fruit<br><br>2% Unflavored Low-Fat Milk<br>(Whole Milk) | <b>Turkey &amp; Cheese Sliders</b><br><br><i>Tofurkey</i><br><br>Sliced Deli Turkey & Cheese on a Slider Bun<br><br>Sliced Cucumbers w/ Ranch<br><br>Fresh Sliced Oranges<br>(Mandarin Oranges)<br><br>2% Unflavored Low-Fat Milk<br>(Whole Milk) | <b>Orange Chicken</b><br><br><i>Chick'N</i><br><br>Chicken Tossed in a Asian Orange Sauce<br><br>Steamed Broccoli<br><br>Steamed Jamsine Rice<br><br>2% Unflavored Low-Fat Milk<br>(Whole Milk) | <b>Cheese Pizza</b><br><br>Cheese Pizza w/ Marinara Sauce<br><br>Steamed Peas<br><br>Fresh Banana<br><br>2% Unflavored Low-Fat Milk<br>(Whole Milk) |
| <b>PM Snack</b>                                                                  | Real Fruit Fig Bar<br><br>Filtered Water                                                                                                                                                    | Sliced Apples & Graham Crackers<br><br>Filtered Water                                                                                                                                                          | Chex Mix<br><br>Filtered Water                                                                                                                                                                                                                    | Ritz Crackers & Hummus<br><br>Filtered Water                                                                                                                                                    | Cheez-Its<br><br>Filtered Water                                                                                                                     |
| <b>Fun Fact From Chef Trina:</b> Ketchup used to be used for Medicinal Purposes! |                                                                                                                                                                                             |                                                                                                                                                                                                                |                                                                                                                                                                                                                                                   |                                                                                                                                                                                                 |                                                                                                                                                     |

Children under the age of 2 are served unflavored whole milk and 2+ year olds are served unflavored 2% milk

Items listed in parentheses & italics indicate suggested age appropriate substitutions for children under 2

Water is available to children during the day & at all meals & snacks.

Menu is subject to change.