

School Menu



Location: Town Center					
	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Date	1/12/2026	1/13/2026	1/14/2026	1/15/2026	1/16/2026
AM Snack	Whole-Wheat Cheerios 2% Unflavored Low-Fat Milk <i>(Whole Milk)</i>	Low-Fat Vanilla Yogurt w/Granola 2% Unflavored Low-Fat Milk <i>(Whole Milk)</i>	Biscuit w/ Gravy 2% Unflavored Low-Fat Milk <i>(Whole Milk)</i>	Egg and Cheese McMuffin 2% Unflavored Low-Fat Milk <i>(Whole Milk)</i>	Whole-Wheat Pancakes w/ Syrup 2% Unflavored Low-Fat Milk <i>(Whole Milk)</i>
Lunch <i>Vegetarian Option</i>	Chickpea Curry Chickpeas Baked in a Yellow Curry Sauce Jasmine Rice Steamed Broccoli 2% Unflavored Low-Fat Milk <i>(Whole Milk)</i>	Cheese Tortellini Whole-Wheat Cheese Filled Tortellini in a Marinara Sauce Sautéed Green Beans Fresh Bananas 2% Unflavored Low-Fat Milk <i>(Whole Milk)</i>	Turkey and Cheese Taco Cheese Quesadilla Ground Turkey & Cheese w/ Taco Seasoning on a Whole-Wheat Tortilla Black Beans Tropical Fruit 2% Unflavored Low-Fat Milk <i>(Whole Milk)</i>	Chicken & Rice Gumbo Vegetable Soup Diced Chicken & Rice in a Roux broth w/Minced Onions, Diced Celery & Tomatoes Cornbread Applesauce 2% Unflavored Low-Fat Milk <i>(Whole Milk)</i>	Grilled Cheese Sliced Cheddar Cheese on whole-wheat Bread Tomato Soup Fresh Orange Slices (Mandarin Oranges) 2% Unflavored Low-Fat Milk <i>(Whole Milk)</i>
PM Snack	Trail Mix Filtered Water	Fresh Banana & Vanilla Wafers Filtered Water	Real Fruit Nutrigrain Bar Filtered Water	Sliced Cucumbers w/ Ranch and Crackers Filtered Water	Animal Crackers Filtered Water
Food Fun Fact from Chef Trina: Each section on a Pineapple is a berry.					

Children under the age of 2 are served unflavored whole milk and 2+ year olds are served unflavored 2% milk

Items listed in parentheses & italics indicate suggested age appropriate substitutions for children under 2

Water is available to children during the day & at all meals & snacks.

Menu is subject to change.