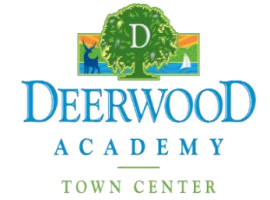


School Menu



Location: Town Center Date	<u>Monday</u> 11/4/2024	<u>Tuesday</u> 11/5/2024	<u>Wednesday</u> 11/6/2024	<u>Thursday</u> 11/7/2024	<u>Friday</u> 11/8/2024
AM Snack	Whole- Wheat Cheese Toast 2% Unflavored Low-Fat Milk <i>(Whole Milk)</i>	Egg & Cheese Omelette 2% Unflavored Low-Fat Milk <i>(Whole Milk)</i>	French Crossiants w/ Pumpkin Butter 2% Unflavored Low-Fat Milk <i>(Whole Milk)</i>	Cinnamon Bread w/Cream Cheese 2% Unflavored Low-Fat Milk <i>(Whole Milk)</i>	Whole-Grain Corn Flakes 2% Unflavored Low-Fat Milk <i>(Whole Milk)</i>
Lunch <i>Vegetarian Option</i>	Yellow Rice & Chicken <i>Chick'N & Yellow Rice</i>	Chickpea Teriyaki	<u>Native American Heritage Month</u> <u>Spotlight</u> Three Sister Soup	Chicken Nuggets <i>Chick'N Nuggets</i>	Cheese Pizza
	Diced Chicken w/ Yellow Rice Sauteed Green Beans Applesauce 2% Unflavored Low-Fat Milk <i>(Whole Milk)</i>	Chickpeas Baked in a Teriyaki Glaze Sauce Steamed Jasmine Rice Steamed Broccoli 2% Unflavored Low-Fat Milk <i>(Whole Milk)</i>	Corn, Squash, and Beans cooked in a Tomato broth Cornbread Baked Apples 2% Unflavored Low-Fat Milk <i>(Whole Milk)</i>	Whole-Grain White Meat Chicken Nuggets Mashed Potatoes Whole Kernel Corn 2% Unflavored Low-Fat Milk <i>(Whole Milk)</i>	Cheese Pizza w/ Marinara Sauce Tossed Garden Salad w/ Ranch Dressing <i>(Steamed Carrots)</i> Fresh Banana 2 % Unflavored Low- Fat Milk <i>(Whole Milk)</i>
PM Snack	Trail Mix <i>(Graham Crackers)</i> Filtered Water	Fresh Sliced Oranges & Graham Crackers Filtered Water	Pumpkin Hummus w/Ritz Crackers Filtered Water	Lowfat Vanilla Cherry Yogurt Cup Filtered Water	Pretzels Filtered Water

Fun Fact From Chef Trina: Three Sister Soup celebrates the Fall Harvest in the Native American culture.

Children under the age of 2 are served unflavored whole milk and 2+ year olds are served unflavored 2% milk

Items listed in parentheses & italics indicate suggested age appropriate substitutions for children under 2

Water is available to children during the day & at all meals & snacks.

Menu is subject to change.