

# School Menu



Location: Town Center Date	<u>Monday</u> 8/5/2024	<u>Tuesday</u> 8/6/2024	<u>Wednesday</u> 8/7/2024	<u>Thursday</u> 8/8/2024	<u>Friday</u> 8/9/2024
<b>AM Snack</b>	Old Fashion Oats  2% Unflavored Low-Fat Milk <i>(Whole Milk)</i>	Whole Grain Pancakes  2% Unflavored Low-Fat Milk <i>(Whole Milk)</i>	Egg & Cheese McMuffin  2% Unflavored Low-Fat Milk <i>(Whole Milk)</i>	Whole Grain Cheerios  2% Unflavored Low-Fat Milk <i>(Whole Milk)</i>	
<b>Lunch</b>  <i>Vegetarian Option</i>	<b>Yellow Rice &amp; Chicken</b>  <i>Chick'N</i>  Diced Chicken w/ Yellow Rice  Steamed Green Beans  Applesauce  2% Unflavored Low-Fat Milk <i>(Whole Milk)</i>	<b>Orange Chicken</b>  <i>Chick'n</i>  Chicken Tossed in an Asian Orange Sauce  Steamed Broccoli  Jasmine Rice  2% Unflavored Low-Fat Milk <i>(Whole Milk)</i>	<b>Fish Sticks</b>  Breaded Wild Alaskan Pollock Fillets  Baked Carrots  Mashed Potatoes  2% Unflavored Low-Fat Milk <i>(Whole Milk)</i>	<b>Egg Salad Sliders</b>  <i>Grilled Cheese</i>  Diced Boiled Egg in a Mayo dressing w/ Chopped Celery and Onions  Tossed Garden Salad <i>(Steamed Peas)</i>  Fresh Sliced Oranges <i>(Mandarin Oranges)</i>  2% Unflavored Low-Fat Milk <i>(Whole Milk)</i>	<b>CENTER CLOSED</b>  <b>Professional Development Day</b>
<b>PM Snack</b>	Soft Chewy Granola Bar  Filtered Water	Sliced Oranges & Pretzels <i>(Graham Crackers)</i>  Filtered Water	Wheat Thins & Fresh Banana  Filtered Water	Animal Crackers  Filtered Water	

**Fun Fact From Chef Trina:** Ketchup used to be used for Medicinal Purposes!

Children under the age of 2 are served unflavored whole milk and 2+ year olds are served unflavored 2% milk

Items listed in parentheses & italics indicate suggested age appropriate substitutions for children under 2

Water is available to children during the day & at all meals & snacks.

Menu is subject to change.