





Location: Town Center Date	<u>Monday</u> 4/15/2024	<u>Tuesday</u> 4/16/2024	<u>Wednesday</u> 4/17/2024	<u>Thursday</u> 4/18/2024	<u>Friday</u> 4/19/2024
AM Snack	Whole Wheat Cheese Toast	Buttermilk Biscuit w/Turkey Sausage Gravy	Whole-Wheat Pancakes w/ Syrup	Blueberry Muffins	Whole Grain Cheerios
	2% Unflavored Low-Fat Milk (Whole Milk)	2% Unflavored Low-Fat Milk (Whole Milk)	2% Unflavored Low-Fat Milk (Whole Milk)	2% Unflavored Low-Fat Milk (Whole Milk)	2% Unflavored Low-Fat Milk (Whole Milk)
Lunch	Rigatoni Pasta w/ Meat Sauce	Soft Turkey Taco	Arab-American Spotlight Shakshuka	Broccoli Rice Casserole	Tuna Salad Sliders
Vegetarian Option		Cheese Quesadilla			
	Whole Wheat Pasta with Marinara Sauce and Ground Turkey	Ground Turkey with Taco Seasoning on a Whole-Wheat Tortilla	Eggs poached in a sauce of diced tomatoes, peppers, onion, & seasoned w/Mediterranean spiced	Yellow Rice baked in a Cheddar Broth w/Broccoli Florets	Tuna w/ Minced Celery, Onions, and Mayo on a Whole Wheat Slider Bun
	Mixed Vegetables	Black Beans	Naan Rounds	Whole-Wheat Dinner Roll	Tossed Garden Salad (Steamed Green Beans)
	Applesauce	Tropical Fruit	Tabouli Salad	Fresh Sliced Watermelon	Fresh Sliced Pears (Applesauce)
	2% Unflavored Low-Fat Milk (Whole Milk)	2% Unflavored Low-Fat Milk (Whole Milk)	2% Unflavored Low-Fat Milk (Whole Milk)	2% Unflavored Low-Fat Milk (Whole Milk)	2% Unflavored Low-Fat Milk (Whole Milk)
PM Snack	Trail Mix (Graham Crackers)	Fresh Sliced Pears w/ Raisins	Pretzels w/ Sliced Cheese (Ritz Crackers)	Graham Crackers w/Fresh Banana	Cheezits
	Filtered Water	Filtered Water	Filtered Water	Filtered Water	Filtered Water

Food Fun Fact from Chef Trina: Arabia is home to dozens of regional cultures and thousands of different dishes.

Children under the age of 2 are served unflavored whole milk and 2+ year old's are served unflavored 2% milk

 $Items\ listed\ in\ parentheses\ \&\ italics\ indicate\ suggested\ age\ appropriate\ substitutions\ for\ children\ under\ 2$

Water is available to children during the day & at all meals & snacks.

Menu is subject to change.