

# School Menu



Location: Town Center Date	<u>Monday</u> 1/22/2024	<u>Tuesday</u> 1/23/2024	<u>Wednesday</u> 1/24/2024	<u>Thursday</u> 1/25/2024	<u>Friday</u> 1/26/2024
<b>AM Snack</b>	Whole-Wheat Waffle w/Syrup  2% Unflavored Low-Fat Milk (Whole Milk)	Cinnamon Bread w/Cream Cheese Topping  2% Unflavored Low-Fat Milk (Whole Milk)	Biscuit w/ Sausage Gravy  2% Unflavored Low-Fat Milk (Whole Milk)	Whole-Wheat Avocado Toast  2% Unflavored Low-Fat Milk (Whole Milk)	Whole- Grain Cheerios  2% Unflavored Low-Fat Milk (Whole Milk)
<b>Lunch</b>  <i>Vegetarian Option</i>	<b>Cheese Tortellini</b>  Whole-Wheat Pasta stuffed w/Ricotta Cheese in Marinara Sauce  Sauteed Green Beans  Applesauce  2% Unflavored Low-Fat Milk (Whole Milk)	<b>Chicken Teriyaki</b>  <i>Chick'N Teriyaki</i>  Shredded Chicken in Teriyaki Sauce  Steamed Broccoli  Steamed Jasmine Rice  2% Unflavored Low-Fat Milk (Whole Milk)	<b>Turkey &amp; Cheese Sandwich</b>  <i>Sunbutter &amp; Jelly Sandwich</i>  Turkey & American Cheese Slices on Whole-Wheat  Fresh Carrots w/Ranch Dressing (Steamed Carrots)  Fresh Bananas  2% Unflavored Low-Fat Milk (Whole Milk)	<b>Campfire Beanie Weenies</b>  <i>Minced Smart Dog</i>  Minced Turkey Hotdogs w/Vegetarian Baked Bean  Sliced Peaches  Corn Bread  2% Unflavored Low-Fat Milk (Whole Milk)	<b>Mac &amp; Cheese</b>  Whole-Wheat Pasta with Cheese  Sauteed Green Beans  Pineapple Tidbits  2% Unflavored Low-Fat Milk (Whole Milk)
<b>PM Snack</b>	Soft Chewy Granola Bar  Filtered Water	Fresh Banana w/ Graham Crackers  Filtered Water	Garlic Breadstick w/a Marinara Dipping Sauce  Filtered Water	Low-Fat Vanilla Pudding w/Vanilla Wafers  Filtered Water	Ginger Snap Cookies  Filtered Water
<b>Food Fun Fact from Chef Trina:</b> Orange foods like oranges, carrots, and sweet potatoes help keep your eyes healthy.					

Children under the age of 2 are served unflavored whole milk and 2+ year olds are served unflavored 2% milk

Items listed in parentheses & italics indicate suggested age appropriate substitutions for children under 2

Water is available to children during the day & at all meals & snacks.

Menu is subject to change.