

# School Menu



Location: Town Center Date	<u>Monday</u> 3/6/2022	<u>Tuesday</u> 3/7/2022	<u>Wednesday</u> 3/8/2022	<u>Thursday</u> 3/9/2022	<u>Friday</u> 3/10/2022
<b>AM Snack</b>	Whole-Grain Waffles w/Syrup  2% Unflavored Low-Fat Milk (Whole Milk)	Low-Fat Vanilla Yogurt w/Strawberries  Orange Juice	Old-Fashioned Oatmeal w/Diced Apples  2% Unflavored Low-Fat Milk (Whole Milk)	Pancake w/Syrup  Orange Juice	Whole-Grain Cheerios  2% Unflavored Low-Fat Milk (Whole Milk)
<b>Lunch</b>  <i>Vegetarian Option</i>	<b>Red Poodles Noodles</b>  Whole-Wheat Spaghetti Noodles in Marinara  Steamed Broccoli  Blue Applesauce  2% Unflavored Low-Fat Milk (Whole Milk)	<b>One Fish, Two Fish Sticks</b>  <i>Chick'N Sticks</i>  Breaded Whole-Grain Fishsticks  Sauteed Green Beans  Mashed Potatoes  2% Unflavored Low-Fat Milk (Whole Milk)	<b>Trufulla Tree Mac &amp; Cheese</b>  Whole-Wheat Pasta in a Cheese Sauce  Rainbow Cauliflower  Fresh Sliced Oranges (Madarin Oranges)  2% Unflavored Low-Fat Milk (Whole Milk)	<b>Green Eggs &amp; Ham (Turkey)</b>  <i>Green Eggs &amp; Chick'N</i>  Scrambled Green Eggs w/Turkey Slices  Whole-Wheat Biscuit  Fresh Banana  2% Unflavored Low-Fat Milk (Whole Milk)	<b>Roast Beast Sliders (Turkey)</b>  <i>Chick'N Sliders</i>  Turkey & Cheese on a Whole- Wheat Bun  Baked Goldfish Crackers  Fresh Sliced Apples (Applesauce)  2% Unflavored Low-Fat Milk (Whole Milk)
<b>PM Snack</b>	Fig Bar  Filtered Water	Cheez-itz  Filtered Water	Fresh Sliced Cucumbers w/ Tzatziki Dip  Filtered Water	String Cheese w/ Potato Straws  Filtered Water	Animal Crackers  Filtered Water

**Food Fun Fact from Chef Trina:** The Book Green Eggs & Ham contains a combination of only 50 words & was written on a bet.

Children under the age of 2 are served unflavored whole milk and 2+ year old's are served unflavored 2% milk

Items listed in parentheses & italics indicate suggested age appropriate substitutions for children under 2

Water is available to children during the day & at all meals & snacks.

Menu is subject to change.