

School Menu



Location: Town Center Date	<u>Monday</u> 12/5/2022	<u>Tuesday</u> 12/6/2022	<u>Wednesday</u> 12/7/2022	<u>Thursday</u> 12/8/2022	<u>Friday</u> 12/9/2022
AM Snack	Whole-wheat Pancake w/ Syrup 2% Unflavored Low-Fat Milk <i>(Whole Milk)</i>	Low-Fat Vanilla Yogurt w/Granola Orange Juice	Whole-Grain French Toast 2% Unflavored Low-Fat Milk <i>(Whole Milk)</i>	Egg & Cheese English Muffin Orange Juice	Whole-Grain Fruit Loops 2% Unflavored Low-Fat Milk <i>(Whole Milk)</i>
Lunch <i>Vegetarian Option</i>	Turkey & Cheese Sandwich <i>Cheese Sandwich</i> Turkey & Cheese Slices on Whole-Wheat Bread Tomato Bisque Soup Fresh Sliced Apples <i>(Applesauce)</i> 2% Unflavored Low-Fat Milk <i>(Whole Milk)</i>	Cheese Tortellini Whole-Wheat Cheese Filled Tortellini topped w/Marinara Sauce Steamed Peas Fresh Banana 2% Unflavored Low-Fat Milk <i>(Whole Milk)</i>	Turkey Pot Pie <i>Veggie Pot Pie</i> Diced Turkey w/peas, carrots in gravy w/a stuffing topping Whole-Wheat Dinner Roll Fresh Sliced Oranges <i>(Madarin Oranges)</i> 2% Unflavored Low-Fat Milk <i>(Whole Milk)</i>	Mac & Cheese Whole Wheat Macaroni Pasta in a Cheese Sauce Steamed Broccoli Pineapple Tidbits 2% Unflavored Low-Fat Milk <i>(Whole Milk)</i>	Chicken Pesto Pizza <i>Pesto Cheese Pizza</i> Flatbread Pizza crust w/Pesto Ranch Sauce Topped w/ Diced Chicken & Mozerella Cheese Tossed Garden Salad (<i>Sauteed Green Beans</i>) Fresh Sliced Oranges <i>(Mandarin Oranges)</i> 2 % Unflavored Low- Fat Milk <i>(Whole Milk)</i>
PM Snack	Ritz Crackers & String Cheese Filtered Water	Graham Crackers & Pepermint Candy Cane dip Filtered Water	Goldfish Filtered Water	Trail Mix Filtered Water	Gogurt w/ Raisins Filtered Water

from Chef Trina: Pesto' comes from the word 'pestâ' or 'pestare', meaning 'to pound' or 'crush', that originates from the Genoese language.

Children under the age of 2 are served unflavored whole milk and 2+ year olds are served unflavored 2% milk

Items listed in parentheses & italics indicate suggested age appropriate substitutions for children under 2

Water is available to children during the day & at all meals & snacks.

Menu is subject to change.