


School Menu



Location: Town Center Date	<u>Monday</u> 12/26/2022	<u>Tuesday</u> 12/27/2022	<u>Wednesday</u> 12/28/2022	<u>Thursday</u> 12/29/2022	<u>Friday</u> 12/30/2022
AM Snack		Whole-Wheat Waffle w/Syrup Orange Juice	Low-Fat Vanilla Yogurt w/ Blueberries 2% Unflavored Low-Fat Milk <i>(Whole Milk)</i>	Cinnamon Bread w/ Cream Cheese Orange Juice	Whole-Grain Apple Cinnamon Cheerios 2% Unflavored Low-Fat Milk <i>(Whole Milk)</i>
Lunch <i>Vegetarian Option</i>	CENTER CLOSED	Grilled Cheese Sandwich Cheese Slices on Whole- Wheat Bread Tomato Bisque Soup Fresh Sliced Apples <i>(Applesauce)</i> 2% Unflavored Low-Fat Milk <i>(Whole Milk)</i>	Breakfast For Lunch <i>Chick'n Patty</i> Whole-Grain French Toast Sticks w/Syrup Turkey Sausage Patty Scrambled Eggs 2% Unflavored Low-Fat Milk <i>(Whole Milk)</i>	Cheese Quesadilla Shredded Mozzarella Cheese on a Whole-Wheat Tortilla Pinto Beans Pineapple Tidbits 2% Unflavored Low-Fat Milk <i>(Whole Milk)</i>	Coconut Chicken Curry <i>Chickpea Curry</i> Diced Chicken in a Coconut Curry Sauce Steamed Jasmine Rice Steamed Broccoli 2% Unflavored Low-Fat Milk <i>(Whole Milk)</i>
					
PM Snack		Goldfish Filtered Water	Ritz Crackers Filtered Water	Fig Bar Filtered Water	Animal Crackers Filtered Water

Fun Fact From Chef Trina: Eggs are the most versatile breakfast food and key source of protein, fat and nutrients.

Children under the age of 2 are served unflavored whole milk and 2+ year olds are served unflavored 2% milk

Items listed in parentheses & italics indicate suggested age appropriate substitutions for children under 2

Water is available to children during the day & at all meals & snacks.

Menu is subject to change.