School Menu

DEERWOOD ACADEMY
TOWN CENTER

Location: Town Center Date	Monday 6/27/2022	Tuesday 6/28/2022	Wednesday 6/29/2022	Thursday 6/30/2022	Friday 7/1/2022
AM Snack	Old Fashioned Oatmeal 2% Unflavored Low-Fat Milk (Whole Milk)	Whole Wheat English Muffin w/ Egg & Cheese Orange Juice	Strawberry Multi-Grain Bites Apple Juice	Egg & Cheese Hashbrown Casserole Orange Juice	Whole Wheat Frosted Flakes 2% Unflavored Low-Fat Milk (Whole Milk)
Lunch *Vegetarian Option*	**Chicken & Yellow Rice** ***Chick'n & Yellow Rice***	**Cheese Tortellini**	**Turkey Stroganoff** *Boco Crumble Stroganoff*	**Sunbutter & Jelly Sandwich**	**Cheese Pizza**
	Diced Chicken w/ Yellow Rice Sauteed Green Beans Fresh Sliced Oranges (Mandarin Oranges) 2% Unflavored Low-Fat Milk (Whole Milk)	Whole-Wheat Cheese Filled Tortellini topped w/Marinara Sauce Steamed Broccoli Applesauce 2% Unflavored Low-Fat Milk *(Whole Milk)*	Ground Turkey with Cream of Celery baked with Whole-Grain Egg Noodles Steamed Peas Whole-Grain Dinner Roll 2% Unflavored Low-Fat Milk *(Whole Milk)*	Sunflower Butter & Grape Jelly on Whole Wheat Bread Baby Carrots & Ranch *(Steamed Carrots)* Fresh Banana 2% Unflavored Low-Fat Milk *(Whole Milk)*	Mozzarella Cheese, Marinara Sauce on Flatbread Pizza Crust Tossed Salad w/ Ranch *(Steamed Carrots)* Fresh Sliced Apples *(Applesauce)* 2% Unflavored Low-Fat Milk *(Whole Milk)*
PM Snack	Teddy Grahams Filtered Water	Goldfish Filtered Water	Fig Bar Filtered Water	Harvest Cheddar Multi-Grain Sun Chips Filtered Water	Trail Mix Filtered Water

Fun Fact From Chef Trina: Sun Chips are actually made from the Sun! The processing plant runs on solar power.

Children under the age of 2 are served unflavored whole milk and 2+ year olds are served unflavored 2% milk

Items listed in parentheses & italics indicate suggested age appropriate substitutions for children under 2

Water is available to children during the day & at all meals & snacks.

Menu is subject to change.